



Incorporating Behavioral Health and Substance Abuse Data for Holistic Care Delivery & Population Health Outcomes

October 31, 2017
2 pm – 3 pm ET

Agenda

- Welcome and Introductions
 - Claudia Ellison, Program Director, eHealth Initiative
- Discussion & Comments
 - Mary McDaniel, Healthier Populations, Orion Health
 - Laura Young, Interim Executive Director, Alaska eHealth Network
- Questions & Answers

Housekeeping Issues

- All participants are muted
 - To ask a question or make a comment, please submit via the Q&A feature and we will address as many as possible after the presentations.
- Technical difficulties:
 - Use the chat box and we will respond as soon as possible
- Today's slides will be available for download on eHI's Resource page
www.ehidc.org/resources

Our Mission

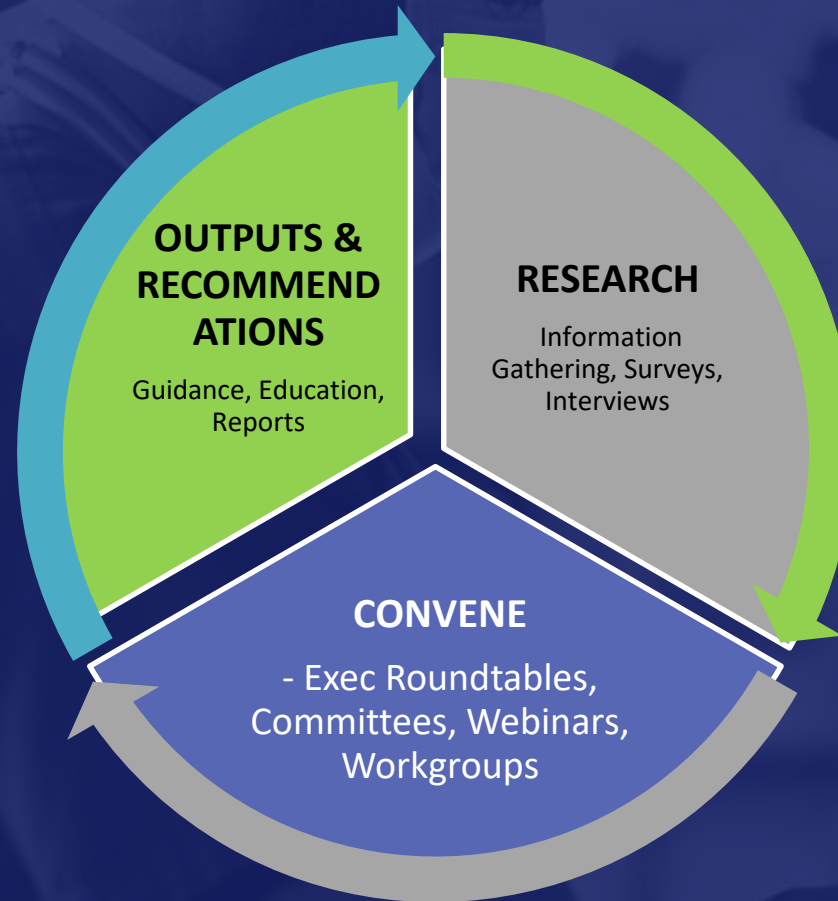
eHealth Initiative's mission is to serve as the industry leader convening executives from multi-stakeholder groups to identify best practices to transform healthcare through use of technology and innovation. eHI conducts, research, education and advocacy activities to support the transformation of healthcare.



Multi-stakeholder Leaders in Every Sector of Healthcare



Roadmap to Transforming Care



Convening Executives To Research & Identify Best Practices

Best Practice
Committees
Identify &
Disseminate
Success Stories



INTEROPERABILITY



DATA ACCESS & PRIVACY



**PATIENT & PROVIDER
TECHNOLOGY ADOPTION**



DATA ANALYTICS

eHealth Resource Center Available With Best Practices & Findings

Best Practice Committees contribute to the eHealth Resource Center www.ehidc.org/resources which provides assistance, education and information to organizations transforming healthcare through the use of information, technology and innovation. The Resource Center is a compilation of reports, presentations, survey results, best practices and case studies from the last 16 years.



Electronic Medication Adherence Collaborative (eMAC)

- Foundation for eHealth Initiative launched a multi-stakeholder Electronic Medication Adherence Collaborative (eMAC).
- Share best practice examples from different analytical and behavioral approaches, educate stakeholders on the insights available. Share information on the effectiveness of programs.
- **IN PERSON MEETING ON December 12 IN DC. INTERESTED? TELL CLAUDIA.ELLISON@EHIDC.ORG**



Save the Date: February 7 – 8, 2018
Top of the Hill, Washington, DC

eHealth Initiative Executive Summit: 2020 Roadmap Refresh



*Attendance is limited to eHealth Initiative members and
invited C-Level Executives*

This webinar was made possible through the generosity and support of
Orion Health!





Incorporating Behavioral Health and Substance Abuse Data for Holistic Care Delivery and Population Health Outcomes



Intro: The impact of behavioral health and substance abuse disorders on the healthcare ecosystem

Kathleen Lunt, Orion Health

Intro: The impact of mental health and substance abuse disorders

- 1 in 5 people suffer from mental illness
- \$80B per year/15% of total economic burden
- ½ of prison/jail inmates and ¼ of disability payments recipients suffer from mental illness
- Serious mental illness - die 25 years sooner
- 12M women will experience clinical depression
- 15M people will use prescription drugs non-medically
- Cost for prescription misuse >72B annually
- 78 Americans die each day from opioid overdose

The success rates for mental illness and substance abuse treatments are comparable to those with physical health care yet 2/3 go without treatment, due to lack of care access and stigma

Source: National Council for Behavioral Health, 2017



Strategies for incorporating behavioral health & substance abuse

Laura Young
Interim Executive Director
Alaska eHealth Network
October 2017



HIE Nationwide

- Initial rush to get connected; needs have evolved
- HITECH 90/10 Funds
 - Investment in the Future of HIE/ Interoperability
- HIEs are integrating with Providers, Payor, Government (State/Fed/DoD/Va/SSA)
 - Disaster Mitigation (Natural, IT, Ransomware)
- Nationwide HIE collaborators such as SHIEC, eHealth Exchange , CareQuality, CommonWell
 - Patient Centered Data Home (PCDH)



HIE 2.0

- Takes existing work already completed by an HIE and elevating it.
 - Primary Goal is to return value to the community
 - Adding data analytics, care coordination, medication management, and data sharing across regions
 - Expanding services to include behavioral health and long term care as well as other non-traditional data providers/consumers such as EMTs, school nurses, the and the correctional system is key
 - The push towards value-based care demands that we include social determinants of health and consider wearable data



Adding Behavioral Health & Substance Use Data

■ Make sure you tackle consent!

- You should have your consent model firmly defined before onboarding efforts begin
- The considerations include:
 - Legal. Include state requirements in addition to 42 CFR part 2
 - Don't forget kids!
 - Technical – what does your platform support?
- Convene a workgroup
 - Ensure the model you come up with is compatible with the providers workflow



Adding Behavioral Health & Substance Use Data

- Build capacity with meaningful pilots!
 - Identify 3-5 core participants with a common problem that can be solved with HIE
 - Focus on project outcomes to drive meaningful exchange
 - Examples:
 - Connect BH providers with correctional health and alert when a participant is incarcerated and exchange data for care coordination
 - Connect a group of Seriously Mentally Ill (SMI) providers with crisis agencies to provide valuable look up to crisis counselors and alerts to SMI providers
 - Build capacity one pilot at a time and deliver value at the same time



Adding Behavioral Health & Substance Use Data

- Approach behavioral health onboarding differently!
 - Consent has specific requirements
 - Workflow is different. Who will use the data and who will collect consent is typically very different than primary care
 - The data is different! The data behavioral health providers want and care about isn't necessarily what other health providers exchange.
 - Emphasis on medication adherence data
 - Document exchange includes treatment plans and assessments
 - No need for things like radiology reports
 - More need for social determinants data



Opportunities for Funding



Expanded Medicaid Support for Health Information Exchange (90/10 funds)

State Medicaid Director's Letter February 29, 2016:

- This updated guidance allows Medicaid HITECH funds to support all Medicaid providers that Eligible Providers want to coordinate care **with** until 2021.
- Medicaid HITECH funds can now support HIE onboarding and systems for behavioral health providers, long term care providers, substance abuse treatment providers, home health providers, correctional health providers, social workers, and so on.
- It may also support the on-boarding of laboratory, pharmacy or public health providers onto HIEs.



90/10 Funds

- 90/10 Funds available through HITECH for wide range of HIE implementation activities through 2021
 - 90% CMS funds
 - Must have a 10% match fund
 - No limit on how much a state can apply for
 - Must provide a sustainability plan
 - Must be for implementation activities



90/10 Funds

- 44 states & territories have HIE IAPDs approved or in the first time review process
- CMS able to provide funding for
 - Core HIE services
 - Public Health
 - eCQM infrastructure
 - Provider on-boarding
 - Planning



Other Sources of Funding

- SAMHSA routinely releases grants to support data integration and exchange efforts
- [The Improving Access to Behavioral Health Information Technology Act](#) (S. 1732/H.R. 3331)
 - Bill that would incentivize the use of EHR systems in mental health and addiction treatment organizations.
- A searchable online database of community foundation grants across the United States is offered by the Council on Foundations at <http://www.cof.org> and The Foundation Center at www.foundationcenter.org





Technology for growth and sustainability

Mary McDaniel, Healthier Populations, Orion Health

Technology for growth and sustainability

- Greater data transparency
- Exchanging information with both in-state and out-of-state organizations
- Delivering functionality at an affordable cost, regardless of size
- Whole person centered care = many & varied data
- Requires the development of new technology to address challenges and scale

Questions and Answers

Mary McDaniel,
Healthier Populations,
Orion Health



Laura Young, Interim
Executive Director,
Alaska eHealth Network



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